Its very *nature!* Try it! It costs nothing and it works! The persistent use of that Flame will make and keep us all *ready* to fulfill our Divine Plan here and then "enter into the joy of our Lord" at the end of the trail!

Making ready for greater service to life,

"I AM" FRANCES K. EKEY

My Wonderful One

My Wonderful One, Thou adorable Presence
Of God, anchored now in my heart;
In beauty supreme and in power majestic—
The Source of my being Thou art!
I now humbly bow at the Throne of Thy glory,
Surrendered forever to Thee!
Let all life adore Thee; my life I live for Thee;
Thy victory fore'er let me be!

My Wonderful One, blaze Thy Violet Fire through me,
Forgiveness divine let me feel;
Protect and perfect—all my bodies illumine—
And teach me God only is real!
Completely possess and control me forever,
Blaze through me Thy light from the Sun;
Thy power revealing, release Mercy's healing,
My Wonderful, Wonderful One!

My Wonderful One, blaze Thy glorious Light Rays
In, through and around all I've met;
There let it transmute every wrong and injustice,
Make all human shadows forget.
Then fashion a gift from the good of my lifestream,
From my Causal Body of Light;
Give ten times the blessing of error's oppressing—
By love, make and keep all things right.

My Wonderful One, let all Heaven's love bless Thee
As God's Divine Plan is fulfilled;
Then send me Thy love in Its mightiest power
To make me perfection, God-willed!
O, Great Central Sun, through our Helios and Vesta,
Bless my Holy God Self—"I Am"!
Our consciousness blending, at last I'm ascending
To Thee, my own Wonderful One!

MELODY: "My Wonderful One" (*Popular song*)

THE BRIDGE
TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact with The Great White Brotherhood and Cooperative World Service

Volume V FEBRUARY, 1957 No. 11

To the Cosmic Spirit of Purity and Those Beings Who represent this Virtue to our Earth; Our love;

To the Elohim of Purity, Whose purifying essence flows constantly in, through and around the atmosphere of Earth and the elements Who serve It, Greetings;

To Beloved Astrea, Who foreswore nirvana to dissolve, when called into action, all the causes and cores of impurity that spew forth their discordant effects into the world of form, Blessings;

To Beloved Archangel Gabriel, Who chooses to intensify the Immaculate Concept through the outer mind of all who will accept His blessings, Gratitude;

To Beloved Hope, Who keeps alive the desire to return to the God estate from whence man has fallen, Our Love;

To Serapis Bey and The Brotherhood at Luxor Who provide a Radiating Center through which Purity may anchor into the emotional, mental, etheric and physical strata in which mankind abide, Thanksgiving!

To those earnest ones among Earth's population who demand Purity, We are so grateful! Let the Spirit of Purity enter this year into the invisible world that surrounds the Earth and be manifest in the visible world through the Sons and Daughters of God who want PURITY OF EXPRESSION WHICH IS GOD'S WAY! Thus God has spoken and to this end We all serve—above and below!

Thomas Printz, Editor

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The Homes and Retreats of The Masters of Wisdom

ASCENSION TEMPLE AT LUXOR (EGYPT)

(February 15th through March 14th, 1957)

The glorious Ascension Flame is guarded and expanded by the Brotherhood at the Ascension Temple, established at Luxor in Egypt. This Flame is a REAL, MOVING, ASCENDING CURRENT OF ENERGY by which any of the human race, embodied Angels and even elementals *can* complete their cycle of service upon or around this Earth into their natural God Estate. Let us not look upon the activity of these Flames as ephemeral, abstract and visionary. These Flames are foci, magnetized by some God Intelligence, sustained by the love of these Intelligences and radiated forth through the four lower spheres (emotional, mental, etheric and physical) for the nourishment and spiritual enlightenment of all the evolutions presently using the Earth and Its atmosphere as a schoolroom.

When the glorious Atlantean civilization began to decline; when the powers of invocation were utilized for selfish and personal aggrandizement, plans were made by The Great White Brotherhood to secure these foci of the Flame upon the portion of the landed surface of the Earth destined to remain above the waves of purification when the water element was commanded to assist in the submergence of this once beautiful continent.

Upon Atlantis, the Temples where the Flames (representing the Virtues of God) were housed in physical, tangible buildings, the White Brotherhood and the Illuminati of that era often came to one of the Temples which contained the Flame

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of Virtue he desired, to gain added strength, power and the vitalizing radiating essence of that Virtue. That day shall come again in the not too far distance future.

One of those chosen to carry the responsibility of holding the focus of the Ascension Flame on Earth is now known by the name of Serapis Bey, Chohan (Lord) of the Fourth Ray. On Atlantis, He was a Priest of the White Brotherhood Who voluntarily—*constantly*—focused His attention upon the possibility of the Ascension for all who chose to return to their Divine Estate. In the physical appearance world, God needs the bodies of those who are willing to magnetize and radiate His Virtues through the human race. Thus the various Orders of the Priesthood held close to the Virtues to which They had dedicated Their lives, services, invocations, applications and ministrations.

The very nature of the Flame is to rise! Therefore, unless some unascended lifestream will continue daily to call forth the Flame of the Virtue desired, thus magnetizing It and sustaining Its action right here in the physical appearance world, that Virtue rises to Its Own octave "in the aura of the Godhead."

When the Island of Poseidonis was destined to sink beneath the waves of what is presently called the Atlantic Ocean, certain Priests and Priestesses (unascended at that time) were allowed the privilege of using the vessel of their own hearts and the energies of their own lifestreams to sustain the Flames of the Virtues which, through many long ages had been drawn into the atmosphere of Earth. Serapis Bey, as one such Priest, was given the opportunity and obligation of transferring to the land of Egypt the current of ascending energy (Ascension Flame), into which was woven all the prayers, applications, spiritual services and actual ascending feeling of every lifestream who had used It up to that time. He and His Brotherhood sailed about 480 miles up the Nile River and established the Ascension Flame at Luxor in Egypt. To the momentum of this Ascension Flame has been added all the centuries of prayer, application and God-victorious accomplishment of every ascending being to this present day.

Beloved Serapis (at that time not ascended) asked permission of the Cosmic Law to re-embody many times in Egypt for the purpose of serving this Ascension Flame and He, together

with His particularly devoted followers, finally builded a glorious Temple around that Flame. Centuries passed; Egypt entered into Her "dark ages" and the Temple of the White Priesthood was gradually camouflaged for protective purposes,—the Brotherhood building subterranean chambers in which to hold Their secret rites. Today, but one white building remains, which is the entrance to the Ascension Temple and the Presence of Its mighty Hierarch, Serapis Bey.

Those few unascended lifestreams who are invited to Luxor are examined as to motive and given opportunity to avail themselves of the exercises, disciplines and instruction of The Brotherhood of the Ascension Temple, in order to raise the vibratory action of their four lower bodies and consciously ascend into the perfection of their own individualized "I Am" Presence Whose perfection they once knew and experienced. It would amaze many to see the Elementals that utilize that uprising stream of energy to free themselves from the discordant atmosphere of Earth.

As the Ascension Temple at Luxor is described in detail in previous issues of "The Bridge," We shall not go into detail here as to its magnificence, Its stimulating power, Its disciplines and the glorious kindness of Its Hierarch.

(NOTE: For further description of the Ascension Temple, please see The Bridge to Freedom, Vol. 1, No. 6; Vol. 3, No. 7; Vol. 4, No. 6; Vol. 5, No. 4.)

Excerpts from Instruction by
BELOVED SERAPIS BEY

"Speaking of the founding of our Beloved Luxor brings back memories that are both sweet and yet filled with that nostalgia which always accompanies "partings"—from home, loved ones and from familiar routines which have formed the pattern of one's living in this world of form. As the edict of the Eternal Father is UNITY and ONENESS, that which makes for separateness and partings *is against the nature of the heart* and, like all inversions of the Law, brings pain with its experience.

Among those individuals who sailed with me from the

sweet islands of the remaining glory of Atlantis, are some still unascended who are interested in Our New Activity today. All in all, one hundred ships of the great Atlantean Fleet set forth to carry the Flames of the Virtues of the God-head which they had magnetized and sustained all through the centuries. Some went westward and settled in the neighborhood of the Easter Islands, Peru and Mexico. Others ventured further across the vast expanse of the Pacific into Asia. Of the one hundred parties which originally set out, only ten arrived at their various destinations with the enduring focus of Their Flame, which contains with It, today, a portion of the actual undying Sacred Fire from the Atlantean Temples. These Flames were carried with Us in the great golden braziers which used to hang above the Altars in those early times.

After the establishment of a portion of the Ascension Flame at Luxor, each one of us finished our span of life for that embodiment. Many times after that, some of us returned and took embodiment in Egypt—in and around Karnak and Luxor, serving again the Flame we so adored. In those early days, there was no written discipline necessary, for we remembered well the purity and honor of the Priests and Priestesses of the Flame. Only as the light of the Atlantean Day grew dim, preceding the days of Moses, did the Hierarchy insist upon Our writing down the disciplines for the neophyte to preserve them through these darker days.

Many of the early Israelites were guests of our Temple—Joseph (who through the Pharaoh was to rise to the Throne of Egypt), Moses, Aaron, Miriam and those who were to be instrumental in the Exodus. Beloved Jesus, Mary and Saint Germain were also guests in our Retreat in Their day. Much of the Hebrew Law incorporates the instructions given in the Temple and much of the Mosaic Law was imbedded in the consciousness of Moses, long before His ascent into the Mount. Thus is Truth conveyed from heart to heart and then carried by the feet of men into far places.

During this thirty-day period, as Luxor opens her Temple Doors to the masses of the people (who come to us in their finer bodies while the physical sleeps) nightly shall I speak on the Law of Life and all who hear Me will remember at least some of the Truths so spoken. This I do decree! . . ."

"Greetings, blessings and love from the heart of Luxor. . . .

You who have consciously volunteered to join with Us in serving God must accept as your watchword—UNITY—incorporating selfless service and loving cooperation, TO LOVE LIFE FREE!

The consciousness of all the Sons and Daughters of Heaven stands ready to pour the fullness of Their purpose and design into your keeping for the enlightenment of the groping souls who seek The Way. The Mechanics by which this understanding is brought to the consciousness of mankind, lies under My jurisdiction. We have *one thought* in mind—*reaching the people!* We have *one feeling* which motivates Our activities—*loving life free!*

From now on, I shall endeavor to assist you as much as possible in making you an IMPERSONAL INSTRUMENT through which this understanding may be dispensed quickly, clearly and universally. We are unconcerned with any personal aggrandizement and so, We know, are you. . . ."

To this end has come forth to assist us the Great Cosmic Angel of Unity of Spirit, Purpose, Motive and Design—the Great Cosmic Angel Micah (see "Bridge" Vol. 4, No. 11, Pg. 5). Through the melting of the separate selves into the UNITY OF ONE-POINTED PURPOSE in the white fire of humility and love, shall We be able to create a mighty channel of strength and purity, through which the Word of God may be incorporated into the hearts and souls of men everywhere and, by the *acceptance* and *use* of that "Word" IN ACTION—Our light shall be builded into the world and atmosphere of all who sincerely want it and will receive it. . . ."

* * * *

"For the purpose of this instruction, I want to elaborate upon the natural emanation of musical sound which forms the music of the spheres. Every lifestream which belongs to this Universe who has attained the victory of the Ascension and every Cosmic Being and Master Presence, is a contributing factor to this sea of music which, like light itself, forms the atmosphere of the Octaves of Light. The Beloved "I AM" Presence of every unascended being also pours forth Its particular musical keynote into the realm in which It functions, prior to the Ascension of the outer self.

It is from this sea of light that the Masters draw the exquisite melodies which they focus through Music Temples under the direction of Angelic Beings Who amplify it by Their Own life and direct it toward certain composers on Earth who are worthy of more than ordinary inspiration and assistance. They also direct it toward artists who have developed (through centuries of dedication to the Spirit of Music) sensitivity to the spiritual currents which may flow through specific musical activities (operas, etc.). These people are usually fortunate enough to be permitted entrance into some of these Music Temples in their finer bodies at night while their physical bodies sleep. The glorious melodies from the higher realms, so "stepped down" by such good men and women, are the results of this endeavor in which I, Myself, am extremely active. . . .

When a composer (for instance, Wagner) picks up the melodies from a Music Temple, usually some one of the Masters there directs His Personal Ray into the mind of the composer, endeavoring to allow that composer to build a suitable story around the music. You see, the state of development of the inner body which receives the impression of the story and the development of the emotional body which is the recipient of the feeling and theme of the music, will contribute greatly to the ultimate results. Some composers did marvelous things with the musical interpretations but were unable to receive clear mental directions concerning the "story" of the opera and the resultant "story" was not truly representative of the music of the theme.

In the case of the Wagner compositions, We had the assistance of his mental body and thus the mystic initiations were woven all through his works. Of course, you are acquainted with the fact that the insignia of the Knights of the Round Table was the Swan, which represents the Initiate—able to soar through the air, master the emotional element of water and, through the particular faculties of the Swan (long neck and sharp eyes), pierce beneath the water and discover the elements of the "deep" as well. Again and again Wagner uses the Swan as a symbol of the mystic initiations. The ancient Norse mythology tells how the Noblemen of that age sang their "Swan song." Today people interpret that as the acknowledgment of failure, defeat and submission to fate but in those early days the "Great" were allowed to sing the

"Swan song" when Earth's battles were finished—to signify that they had become Initiates and were consciously ascending from the limitations of "matter" to a new freedom.

Whenever an opera is sung, the quality or virture which is its predominant theme is greatly amplified by the Music Temple and Its Attendants and, from the central focus where such music is presented, Angel Devas, Cherubic and Seraphic Hosts direct and often carry the rising, harmonious energy of that opera as it is performed, into the city, state, nation and all over the Earth. Great buildings (opera houses, etc.) from which have been played and sung the magnificent works of the musical geniuses of the race, are always presided over by Angel Devas and Builders of Form Who co-operate with the officiating Cosmic Temple in this service.

'Lohengrin' is primarily the story of FAITH. The aspirant (Elsa) stands before the Karmic Council. Her Sponsor (and Twin-Ray) comes to stand by her side and give her the Spiritual assistance she requires. He comes riding on the back of the Swan (mystical powers, controlled by self-mastery). She must accept Him at His worth, without curiosity,—which she does. Then comes the TEST, during which Ortrud and Talramund are allowed to instill doubt into her mind as to her Beloved's true identity. Unfortunately, she accepts their suggestions of doubt and forfeits the right to have his presence and help. Lohengrin calls his Swan to him and commands it to remain to help Elsa in a lesser capacity, for such is the mercy of life. However, she has forfeited the presence of her beloved, (Lohengrin) at least for the time.

Thus does each student stand one day alone and, with only the light in his heart to guide him, he must decide on the nature of his Teacher, not by His name, His person or His heritage. At this time, all the forces of doubt and uncertainty rise from within and without the students world. This is the crucial moment in the life of the chela who has been chosen for more than ordinary association with a Master of Light. If doubt and uncertainty are allowed to prevent the student's acceptance of the Teacher—such as 'Lohengrin' would have been to Elsa—such a Teacher must withdraw and a lesser light becomes the Guardian Presence of the lifestream until a later time."

BELOVED VIRGO

(This is the fourth (and last) in a series of addresses by the Great Beings Who govern the Beings of Nature and Forces of the Elements.)

September 30, 1956

I am Virgo—Spirit of the Earth—affectionately called by many "Mother Earth". In a time long, long ago, My beloved Pelleur (the Twin-Flame of My lifestream) and I answered the call of the Mighty Helios and Vesta for volunteers to assist the Seven Mighty Elohim in Their joyous task of creating a habitable planet for the mankind which, in time, would proceed as individualized lifestreams from the Heart-flames of Helios and Vesta Themselves.

Others besides Ourselves were given opportunity with Us to show Their particularly developed capacities to create and sustain a substance for this planet, whose vibrations would be of such a rate as to make it solid enough to form a platform for the feet of the people of Earth, where they could walk in safety and in happiness. Finally, We were chosen for this signal honor and given opportunity so to serve. Then We were called upon to manifest the "staying power" (centripetal force) which would keep the landed substance of Earth in its appointed place, cushioned by the water element. We were also called upon to create just the right amount of "gravity pull" which would not be a distress upon the feelings of the people, but yet keep their bodies from flying off the planet into outer space.

Pelleur then offered His full-gathered momentum of centripetal force to create the Law of Gravity for this Earth—the magnetic pull which would hold the landed surface in its appointed place. Through the ages, this had to be adjusted from time to time, according to the vibratory action of the bodies of the people—the actual weight of their bodies as well as the weight of the substance which they had drawn about them to sustain and expand their civilizations. As My gift to this creation, I offered to mold universal, intelligent light-substance into the design for this planet, which design was created by Helios and Vesta. This perfect pattern was held within the bosom of the Silent Watcher for this planet. It was necessary for Me to determine just the right density of substance required to allow the God-radiation which was anchored in the center of

the Earth by Beloved Pelleur to flow through the planet, out to and through Its surface, thus blessing the mankind and Nature Kingdom who were to live there.

I worked in close harmony with the first Maha Chohan Who served this Earth, the Beings of each of the Four Seasons, as well as with the Great Nature Spirits Who ensouled the mountains, fertile valleys, trees, shrubs and flowers and the Gnomes, Fairies, Elves and smaller Nature Spirits whose activities would be on the surface as well as within the very body of the Earth Itself.

When the first inhabitants of Earth embodied here (called "Holy Innocents"), the Earth was garlanded in the most fragrant flowers; Amaryllis (Spirit of Spring) having prepared for more than nine hundred years to develop the greatest possible beauty for the incoming lifestreams.

Earth Once a Glowing Star

In the beginning—the first Golden Age—the Earth's substance was crystalline, pure and iridescent and the glowing radiation from the very center of the Earth was easily discernible, pouring up, in, through and around the Earth and all Its attendant evolutions. This glowing center of the Earth was the place where My Beloved Pelleur focused His magnetic Ray (at the point where the masculine and feminine rays meet) —the masculine Ray of Gold entering the Earth at a point in Thibet and the feminine Ray of Pink entering from a point in South America, near Lake Titicaca. These two Rays Itself revolves. This heart-center of pink and golden light within the Earth created a tremendous buoyancy and raising power of Divine Love which surged out through the Earth and It atmosphere, allowing the bodies of the people to absorb the radiant substance and to live, move and have their being within that Divine atmosphere of purity and peace. This gave the people assistance in the speedy fulfillment of their own Divine Plan.

As you look down through clear water and are able to observe the submarine life, so could any member of the race then embodied look into the depths beneath the Earth's surface and see the Salamanders disporting themselves in the pink and golden rays from the center of the Earth. These beings carried the surging, vitalizing energies of the Sacred Fire upward

through the entire Nature Kingdom and to the lifestreams dwelling upon the surface of the Earth as well. In like manner could they observe the busy little Gnomes and other Nature Spirits (in that time all were in perfect proportion and symmetry of body) serving to nourish, develop and push up to the surface of the Earth, the plant life designed by the Builders of Form and the Directors of the Nature Kingdom.

In those days, there was perfect harmony and rhythm in the changes of Season as each of the Great Beings Who direct the Four Seasons (together with Their Divine Complements) served to give variation of color and design, as well as variations in types of harvest, to nourish and sustain the bodies of the people.

Shadowing of Earth's Light

Then, as has often been described to you (appearing in other issues of "The Bridge") there came the need of some planet of our System to offer to be Host to some souls from other planets, which souls did not chose to progress along the Path of Life as quickly as the rest of the lifestreams evolving with them. By command of Cosmic Law, these planets were destined to move forward into greater perfection and much more rapid vibratory action and these recalcitrant souls—vibrating at a slower rate—would not be able to embody thereon. When this call went forth for a volunteer planet which would offer such souls opportunity for embodiment, Those Who were in charge of the Earth and Her evolutions at that time, answered that call and offered the Earth as a home for these "laggards". These lifestreams then began to come into embodiment here, of course bringing with them the shadows in their consciousness, formed by their rebellious feelings against moving forward more rapidly into greater light. The lower vibrations of these shadows were contagious to Earth's people; so much so that, in time, it caused the lowering of the vibratory action of the bodies of the people, as well as the vibrations of the planet Itself. Of course, as the vibratory rate of mankind's physical bodies lowered, those bodies became less and less luminous as well as heavier in weight and the excrements of impurity from these bodies began the creation of that which is so aptly called "soil". The original

(*Continued on page* 16)

THE MASTERS OF WISDOM SPEAK

(ON: PURITY OF EXPRESSION IN EVERY SPHERE)

MAHA CHOHAN:

Students of Truth know that purity of manifestation stems from purity of *cause* (that *cause* often at inner levels) . It would be wise to ponder the great gifts of the Directors of the Forces of the Four Elements particularly known and utilized by mankind—Fire, Water, Air and Earth! If it were not for these Mighty Beings and Those who serve with Them, the Nature Kingdom could not and would not provide an atmosphere in which the physical bodies of man, bird and beast could survive. The clarity of the atmosphere, the refreshing purity of the water element, the fecundating powers of the actual substance of Earth and the Light by which the evolutions evolve in the Earth, upon Its surface and in Its atmosphere, are due to the gifts of service by the Directors of the Forces of the Elements and Those Beings Who help Them to dissolve the effluvia of mankind's distress, so that life can be sustained upon this planet and have opportunity to fulfill its Divine Plan. Serving, as I do, with the Nature Kingdom, I Am eternally grateful to These Beings for Their patience, constancy, love and service in this regard.

EL MORYA:

The Will of God is that every lifestream belonging to Earth's evolutions and all Its Guardian Spirits *return* to the pure, Divine Pattern in which they were originally designed and from which they voluntarily departed, gradually descending in consciousness into a state of great impurity. Most of mankind have even forgotten what they are supposed to be! Therefore, it is essential to keep before mankind a constant reminder of the Divine Image in which they were made, until the outer mind and feelings *can accept* that Divine Pattern of God-perfection. Then, truly, they begin the self-conscious task of returning to that Pattern, expressing It as Beloved Jesus did—right here in this physical appearance world for the encouragement, upliftment and blessing of all life!

KUTHUMI:

It is well nigh impossible to express perfection unless one has a pattern or design to follow! That design was provided when the Godhead created man in *His Own Image and Likeness.* The service of the Second Ray is to remove the clouds that obscure the Divine Image and allow man to see, know and accept that Image. Then, through whatever applications are best suited to the individual, he must endeavor to re-create that Divine Image through his emotional, mental, etheric and physical vehicles. To this end, The Brothers of the Golden Robe, under the direction of The World Teacher, study the evolution of each lifestream who professes a desire to return to his or her God estate. Then a course of study and application is provided for such an one (usually through a natural channel—books, teachers, etc.) to see if the desire is to be coupled with endeavor. There are many "wishful thinkers" who enjoy contemplating a Kingdom of Heaven on Earth but there are not so many who wish to start WITH THEMSELVES in establishing a manifest example of the Divine Pattern *here on Earth.* The "steps" (lessons learned from life's experiences) upon which the chela rises out of the impurity of wrong thought, feeling, spoken word and action are provided *only as the motive* of the chela signifies his determined desire so to rise. Many spiritual pilgrims are content to rest for many lifetimes upon *one "step,"* considering it the *ultimate* and until that individual, through free will, desires to go higher, *We cannot intrude.*

PAUL (THE VENETIAN MASTER):

The Brotherhood of the Third Ray are particularly concerned in drawing forth the purity of expression of each lifestream from the Immortal Three-fold Flame of God, "I Am", within each heart. We are privileged to see the Divine Plan of each lifestream, the potential talents and gifts which are God-ordained to find expression through all mankind. Thus,

like the Sun which warms the Earth and encourages the growth of the seeds planted for a future harvest, do We stand by ALL people and, whenever possible, endeavor to help them express this Divine Plan. Many among the human race, enjoying the pleasures of the day, do not even want to know what their Divine Plan is. Others, whose Immortal Three-fold Flame has expanded to a point where Its gifts demand expression, have selfish motives of personal aggrandizement, glory and homage in the perfecting of their gifts. *Few really desire to use these gifts for the blessings of the entire evolution.* The amount of assistance We can give is always determined by the hidden motive (often obscured from the outer mind). When the individual truly wants to LET GOD, through him, have His Own Way, We are free to give unlimited assistance. I strongly recommend that the sincere student ask the Divine Complement of the Beloved Elohim of Purity, Blessed Astrea, to remove the *cause* and *core* of all selfish motives within the lifestream, so that We may give Our full and unlimited assistance to such an one in his desire to become the manifest expression of what the Godhead has fore-ordained that he manifest. When these selfish motives are removed, then are We given much more freedom to assist such an one to the fulfillment of his goal!

SERAPIS BEY:

At Luxor is provided the Retreat where the chelas are allowed *opportunity* to purify their four lower bodies. Here, if the chela is strong enough, constant enough, humble enough and faithful enough, the disciplines, applications and necessary instructions are given by which the chela can and does sublimate (refine by Violet Fire) the impure energies in the four lower bodies; which purification then manifests through the physical form as self-luminosity. Let Me warn the chela that, IT IS THE INNER BODIES wherein lie the causes and cores of most distress. These inner bodies require purification even more than the physical vehicle, for that is but a depository of all thought, feeling, spoken word and deed,—the individual's present use of life and the memory of his past expressions of such use of life during his long life course. Many an ascetic, crucifying the flesh vehicle with abstinances, only builds up a "spiritual pride" in such practices; while the cause and core of impurity lies like a coiled serpent waiting to spring forth at

any moment and destroy his so-called "advancement." The Beloved Astrea has offered to remove the cause and core of all known and unknown impurities in the lifestream, back unto the beginning of time! Wise is the man who invokes Her, does not fear Her and accepts Her service. Astrea, until recently, was not known outside the Ascended Masters Retreats but I assure you all who enter Luxor utilize Her service *if they remain.* When the *cause* and *core* of impurity are wiped from the lifestream, Beloved Archangel Gabriel can then, easily, part the human veil and allow the outer consciousness to see and know his own "I Am" Presence! Once the individual has looked upon It and seen what he can *again* become, he seldom slips back into the soul-sleep of the ages but continues in his endeavor to express the perfection of that "I Am" Presence on Earth, where he has been ordained by life to serve.

HILARION:

Purity is a dual expression of feeling. First, it is a positive desire to express and be that which the Godhead desires one to be; second, it is a state of "listening grace" to accept the directions of the individualized "I Am" Presence and the Masters Who desire to help such an one. Sincerity alone is not sufficient to express Divine Purity. I, as Saul of Tarsus, was sincere in My conviction that persecution of the Christians was a great service to life. "Grace" came to me through the kind visitation of the Lord of the Christian Dispensation, Beloved Jesus, and thus my sincerity was *illumined.* I was then enabled to use My developed quality of sincerity to *further,* rather than *obstruct,* the fulfillment of the Divine Plan. There are many etheric records in a soul who has lived for many ages of time. These will often prod the individual to courses of action which are sincere in motive but yet impede the progress of the Divine Plan. Wise is the chela who invokes the assistance of the Divine Beings Who can help him to know, feel and express his own Divine Plan, rather than emphasizing what, to his limited consciousness, is the right thing to do!

JESUS:

Truth and Purity are almost synonymous so far as manifesting the Divine Pattern of the Godhead is concerned. *Before taking embodiment* it is quite easy to see, cognize, accept and

desire to cooperate with the Divine Plan. Thus, so many volunteers embody with zeal and enthusiasm, determined within themselves to forward the evolution of the race. Destructive karma and personal impurities, however, often impel such dear ones to distort the vision and design when once they are embodied and placed in a position wherein they may be of real assistance to The Father and His Spiritual Brotherhood. Now We are engaged in a World Endeavor to remove from those *who really desire to serve God*, the causes and cores of those impurities accumulated through the ages. Then the Victorious outer manifestation of the Divine Plan to which they have dedicated themselves at Inner Levels, will be expressed more quickly and God's Will be done on Earth as It is in Heaven!

SAINT GERMAIN:

One of the great activities provided by the Cosmic Law of Mercy and Love to purify the inner and outer vehicles of mankind is the Violet Fire of Mercy and Sublimation. It is My honor to assist any sincere student to use this Violet Fire *if they will ask for it!* The Violet Fire is a natural element (invisible to most) but nevertheless powerful in purifying the substance that the individual has drawn into the forcefields of the electrons which make up the atoms of the four lower bodies. Please invoke Its use! I shall help you!

BELOVED VIRGO—*Continued from page* 11

rapidly vibrating substance of Earth would no longer sustain such physical bodies in comfort and so, in mercy, the Great Cosmic Law called upon Us to lower the vibrations of the substance of Earth so that It would hold the weight of man and the civilizations then extant here, during his decline into what has been referred to as "matter". Beloved Pelleur then also had to lower the vibrations of the "gravity pull" of Earth and create a centripetal force within the Earth which would correspond to the denser type of creation which mankind had drawn about them on Earth's surface.

As had taken place in the other Three Kingdoms (Salamanders, Undines and Sylphs) among the Gnomes (and other

Nature Spirits) there began to build resentments and rebellions against the thoughtless, careless and selfish members of the human race who used the body of the Earth,—the riches of Its mountain ranges and the harvests of the selfless workers in the Nature Kingdom, just as a matter of course. For all these blessings, the people returned little or no gratitude to life,—giving back nothing but refuse and impure excrements in exchange for this freely given heritage of harvest, of precious stones and metals and the very platform provided for man to stand upon; as well as upon which to build their Temples, homes and various foci of pleasure and vanity.

Like all the other Beings of Nature, the Gnomes are imitative in the extreme. By their very vow of obedience to man, they mirror that which they see—whether it be good or otherwise. Many of the originally delicate, ethereal Gnomes became distorted in form, in imitation of that which they saw mankind creating by the destructive use of their words, thoughts, feelings and actions and the destructive thought and feeling forms which individuals had drawn about them by their misuse of life's energy. These Gnomes also became very mischievous in nature and enjoyed playing tricks upon their human tormentors. Like the Leprechauns of Ireland, they were well acquainted with the rich locations of the gold deposits in various places within the Earth and would promise those whom they could contact that, if such individuals would do their will, they would give them riches without limit ("the pot of gold at the end of the rainbow"). Of course, these Leprechauns had no intention of revealing the locations of these riches to the people but, knowing the lust for gold and wealth of every description in the consciousness of man, these Elementals played upon these carnal desires. Pelleur and Myself would so love to see the Gnomes and Nature Spirits cut free from this distortion of form right now; as well as from such mischievous and tricky activities of thought and feeling.

Worse still, some of the greater Mountain Spirits, catching up the spirit of rebellion, spewed forth fire, smoke and molten lava; thus causing great havoc, death and destruction to the inhabitants of Earth from time to time. All volcanic action, past and present, is due to such an antipathy between the Elementals of the Earth and the people whom they had come in such love to serve.

Remember, beloved ones, that the Earth has suffered much for many ages from the destructive consciousnesses and activities of mankind. The decaying bodies of the "dead" have been buried within the Earth century after century and the Gnomes have had the unpleasant task of completing the dissolution of polluted vehicles which had reached such a state of imperfection because of the discords of the personality which had formerly inhabited that body, that the Holy Christ Self of such individual and the Body Elemental thereof, could no longer use that body for any constructive purpose. Thus, in mercy, (embodiment after embodiment) the Cosmic Law called such lifestreams from those "shells" of physical imperfection and mankind, callously, gave to the Earth the body which God, Himself, felt was no longer fit to allow to dwell therein the focus of His Own life—the Immortal Three-fold Flame of Eternal Truth.

In the process of embalming (used so efficaciously by the Egyptians and the Atlantean races long ago) the task of decomposing these diseased bodies was made more difficult for the Gnomes who, for ages of time, had to suffer the presence of these discarded and decaying "shells" in their element and home. Thank God that some races have used the funeral pyre and that here, in the Western Hemisphere, cremation is again coming to be recognized as an acceptable means of disposing of the out-worn earthly "shell".

Cremation Preferable for "Dead" Bodies

Let us pause here to call on the Law of Forgiveness for all the misuse of the Earth's gifts by mankind; all the tortures (conscious and unconscious) inflicted upon the Gnomes and Nature Spirits by all mankind—by yourselves, all other embodied lifestreams who have ever been here, all who are now here and all who are to embody here in the future. Let us also call on the Law of Forgiveness for all the havoc and disaster, as well as mischief caused by all the rebellions, resentments and hates of the Beings of Earth toward mankind. (These decrees were given here). Thank you, so much!

As the other beloved Directors of the Forces of Nature have told you, We are speaking very plainly to you at this time. Many earnest students do not wish to look into the *causes* of

distress, preferring to assure themselves that, eventually, all will come out all right. Yet, how shall We (and you who desire to help Us) re-create a harmony and an affinity between the various Beings of the Elements, the Angels and mankind, unless some understand and consciously endeavor to remove destructive *causes* behind the *effects* which so distress the people of Earth? You see, not until the *causes* are removed can the *effects* cease to be! This is perfectly obvious.

The substance of Earth has been used, as have the other Elements, for various types of torture—burying people alive (as well as animals, etc.). There are very few of the people of Earth who have not participated in some way in such unwholesome and zealous task at one time or another, throughout the ages. The fear of being "buried alive" is very real among some of the people of Earth. Why? Well, it is either because they were so buried themselves by some of their kind (?) brothers and sisters; by eruptions of Nature; or because they participated (often in the name of religion) in such practices. These old records live in the etheric bodies of the individual who took part in such deeds. Today, at this point, let us call on the Law of Forgiveness for any such transgressions of the Law of Love by yourselves, all embodied mankind, all who are to come here in the future and all erring members of the Nature Kingdom. Let us call in the Name of the Beloved "I AM" Presence to Mighty Astrea to lock Her Cosmic Circle and Sword of Blue Flame in, through and around the *cause* and *core* of such fears and, removing them, replace them by the feeling of loving gratitude for the Beings of Nature and Forces of the Elements; as well as the feeling of loving trust and co-operation between the mankind of Earth and the Elemental Kingdom.

Let us ask that there be dissolved and removed from all belonging to this evolution *right now,* the desire and capacity to use the Earth, the riches of Her mountain deposits, etc., for destructive purposes.

Now, during this Class, your physical bodies are having a very great deal of the substance of impurity removed from them. Please LET IT GO! FEEL! ACCEPT! KNOW! the reality of Our Presence and Our endeavors to help you and the

entire planetary evolutions; restoring you all to the perfection you once knew and expressed, *right here* upon this blessed planet.

As so many Salamanders, Undines and Sylphs have become attached to certain lifestreams through being invoked by them in mystic rites and black magic, so also have many Gnomes and larger Nature Spirits become attached to lifestreams and they, like the genii invoked by Aladdin and His Mystic Lamp, have served their masters for some time; then, in time, these Elementals became masters themselves of the very lifestreams they had formerly served. Today, I ask that you call for the freedom of all such Nature Spirits and Gnomes from the destructive influences of mankind. Call also for the freedom of such Gnomes and those who work with Earth from the remembrances of such associations, destructive directions and activities.

Could you see how many Salamanders, Undines and Sylphs have been released thus far through your calls in this Class alone, your hearts would rejoice. This freeing of the Elementals will not only help you personally, the people on the Earth at the present time and the Nature Kingdom as a whole, but it will assist tremendously the souls who are to embody here in the future who have had such attachments, powers and inclinations in the past.

Your physical bodies are destined to outpicture the glory of your own individualized "I AM" Presence; I am here to help you regain that perfection!

In closing, may I ask you to send your deepest love and appreciation to Beloved Pelleur Who abides within the heart of the Earth, for His service to the Earth and Her people all through the ages? In those planets where the centripetal force of some Great Being like Pelleur has been removed (where there is no "gravity pull" to hold lifestreams upon that planet nor the Forces of Nature) you can witness the disintegration of those planets and Stars until they become again "star dust", without form or purpose. Remembering that, through the centripetal force of His love, Pelleur has given you opportunity again and again to live upon this planet through the course of many embodiments (which were necessary to allow you to develop and fulfill your own Divine Plan)

and that I am your "Mother Earth", I do hope you will think upon Us kindly and very often!

Thank you and Good morning!

MONTHLY LETTER TO TRANSMISSION FLAME CLASS

February 16, 1957

"I Am" grateful that the experiences of life are such that you *want,* at last, to complete your cycle of birth and re-birth and are willing to co-operate, according to your light, with Those Who can and will help you.

Do you realize that a chart of the progress of the average man over the period of a year would look like the rise and fall of the sea,—every constructive emotion, thought, memory, word and action raising the vibratory action of that lifestream and, conversely, every discordant activity lowering it again? We are in the process of teaching you how to sustain that ASCENDING CURRENT of energy through the use of your own four lower bodies, directed by your God-given free-will. A Sponsor from the Ascension Temple will help you in this service (if you will call Him daily) so that there need no longer be the *dip* and the *rise* of the vibrations of your energy; instead, the manifesting of the steady quickening of the vibratory action of all your vehicles. Take advantage of proximity to the Ascension Flame and Its faithful Hierarch, Serapis Bey. FEEL the buoyancy of that Flame and allow It to help you. I decree that all *fear* of self-discipline be removed from you and that the JOY you know in the Ascension Temple will make you continue to visit It until your own Beloved "I AM" Presence calls you "Home!" Love and Blessings.

MAHA CHOHAN

Statement for Transmission Flame Class of February 16, 1957:

1	2	3	4	5	6	7	8
"I AM"	Inbreathing	Serapis'	feeling	of the	raising	power	of th' Ascension Flame
"I AM"	absorbing	"	"	"	"	"	"
"I AM"	expanding	"	"	"	"	"	"
"I AM"	projecting	"	"	"	"	"	"

Hierarch of the Ascension Temple: Serapis Bey, Chohan of the Fourth Ray; Color of the Ascension Flame: White; musical keynote: "Liebestraum" (by Liszt).

GROUP INSTRUCTION FOR TRANSMISSION CLASS

(NOTE: For the last four months we have given you the addresses of the Directors of the Forces of the Elements and this has necessitated the omission of some of our regular material. The "Group Instruction Letter" to our Gentle Readers is here continued from the Oct. 1956 issue of our journal and also refers to Beloved Saint Germain's address in the issue of January 1957. Since the jewel (birthstone) of February is the Amethyst, this material corresponds nicely. Thank you for an understanding heart.)

February 16, 1957

BELOVED FRIENDS OF LOVE, MAKING READY THE PATHS OF LIGHT FOR EARTH'S PEOPLE:

God bless you in your voluntary task of helping to clear the way for those who follow after you, seeking their "Home" of beauty, happiness, limitless supply of every good thing and eternal peace—longed and prayed for by all men since the so-called "fall of man". Now, we call upon each one of you individually the full glory of that beautiful, all-powerful Father-Mother God, all the perfection which you once knew with that Father *before the world was.*

Previously we spoke about God's Will being good for all mankind. Then, if God be all-powerful and His Will is good, how did His beloved people come into their present expressions of such distress? Because of their use of the gift of free-will with which that Father-Mother God endowed mankind in the beginning. That free-will was originally intended to be used to create, sustain and expand only beautiful patterns of substance in loveliness of design and texture for the delightful use of all. When the shadows came upon the Earth and the people forgot their Source as well as the reason for this constructive use of the free-will, imitation of the forms created from the shadows of careless and destructive thought and feeling began to be prevalent, continuing all through the ages—a great deal of the time with less and less perfection. Therefore, *mankind themselves are the cause* of the present predicaments in which they are living today, all brought about by the deliberate turning away from the God of Love Who made them and His way of purity and perfection, which they knew in the beginning.

In order to sustain a magnificent, well-ordered Universe such as the one which we can see all around us, particularly at night as we look into the myriad Stars which make up the

"Milky Way" alone, there must be some regulating Laws which govern them and keep them in their appointed places, manifesting their own perfect Divine Plan. Just so were the Laws of Life given to mankind in the beginning of his advent upon this planet—"The Golden Rule" being one of the most important and perhaps, the best remembered of these. "The Ten Commandments" are also a part of those Laws and, incidentally, *no one* ever "broke" any one of those Commandments! Mankind have "broken" themselves in health, finances, happiness and in every other way by disobedience to those Commandments but "The Ten Commandments" stand today as "unbroken" as They were when first They came forth from God!

Now, there is a very merciful and speedy release and relief from the conditions in which mankind find themselves today, individually and collectively. They have but to consciously turn back again to the loving God Who made them and, incidentally, *He is not far away!* The life of that God-Presence (which is *your* consciousness!) is anchored right within each one's beating heart and if we will obey the command which has been given us: "Be still! and *know* that I AM—God!" we shall again come to know peace of mind, health of body and supply in our affairs, as we rhythmically continue such a practice.

In the January issue of our little Journal, Beloved Saint Germain has spoken of "Readiness". There is a very wonderful way to be ready which, perhaps, most folks don't think about. It is the "readiness" to forgive! Since every one of us still abiding in this world has made mistakes and done some wrong to someone, sometime, somewhere, would it not be fitting for each of us walking the Path of Light to train ourselves this year to be "ready", ready to forgive—especially if that feeling does not come easily to us? You know—"To err is human—to forgive is Divine". When someone asks for forgiveness, let us be quick to give it for, in this way, we gain quicker forgiveness of our own mistakes from the Great Law. Remember Jesus' prayer: "Forgive us our debts *as we forgive our debtors . . .*" and just so does the Law act, dear Gentle Reader. If you find it difficult to forgive yourself and others, use, use, *use* that blessed Violet Transmuting Flame *every day* and *accept* Its *feeling* of Christ forgiveness, for that is